

# PATIENT APPLICATION FORM

Welcome to our wellness center, and thank you for choosing us for your healthcare needs. We are committed to providing you and your family with the highest quality care available so that you may enjoy an active, healthy life.

Our approach is very unique and advanced from other clinics. This allows our patients to achieve far superior results compared to most other systems.

Please fill out the following information thoroughly so the doctor can let you know if we can accept your case. Feel free to ask any questions if you need assistance, most of your questions will be addressed in the doctor's Report of Findings on or around your 4<sup>th</sup> visit. We look forward to a long, healthy relationship with you and your family.

## PHILOSOPHICAL AGREEMENT

Wellness exists when all organs of the body function at 100% under the direction of the Nervous System. The Nervous System is the medium used to control and coordinate all body functions. Normal transmission of nerve impulses between the brain and body is necessary for normal life expression, which is wellness.

Subluxations of the spine caused by dysfunction of vertebrae interfere with the normal function of the nervous system. Abnormal transmission of nerve impulses results. This causes DIS-EASE and ill health, which in time can lead to abnormal life expression, symptoms, sickness and loss of potential.

Chiropractic Adjustments allow the body to remove interference to the nerve system, this leads to improved neurology, physiology and life expression. The effect of adjustments is better function, expression of life, greater resistance to sickness and disease.

Chiropractic is NOT a form of medicine. Medicine specializes in the treatment of disease, while Chiropractic specializes in the restoration and expression of life.

We do NOT Diagnose, Prognose, Treat or Cure Disease. We do not attack or suppress symptoms. If during your care you become concerned about your symptoms or your condition, we suggest you seek the help of the symptom, sickness and disease care professional. Our only goal is to free interference to LIFE ENERGY caused by subluxations. The power that made the body, heals the body.

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Patient Signature:

Date:

# PATIENT APPLICATION SURVEY

Date: \_\_\_\_\_

Name: \_\_\_\_\_ (Age) \_\_\_\_\_ Gender: M F  
Home Address: \_\_\_\_\_ Home Phone: ( ) \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_  
Email Address: \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_  
Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Marital Status: S M D W  
Names of Children: \_\_\_\_\_ Ages: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Spouse's Name: \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_  
Spouse's Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
How were you referred to this office? \_\_\_\_\_

## PURPOSE OF THIS VISIT

Reason for this visit – Main Complaint: \_\_\_\_\_  
Is this purpose related to an auto accident / work injury?  Yes  No If so, when: \_\_\_\_\_  
When did this condition begin? \_\_\_\_/\_\_\_\_/\_\_\_\_ Did it begin: Gradual Sudden Progressive over time  
What activities aggravate your symptoms? \_\_\_\_\_  
Is there anything, which has relieved your symptoms?  Yes  No Describe: \_\_\_\_\_  
Type of Pain: Sharp Dull Ache Burn Throb Spasm Numb Tingling Shooting  
Does the Pain Radiate into your: \_\_\_Arm \_\_\_Leg \_\_\_Does not radiate Is this condition getting worse?  Yes  No  
How often do you experience these symptoms throughout the day?: 100% 75% 50% 25% 10% Only with Activity  
Does complaint(s) interfere with: \_\_\_Work \_\_\_Sleep \_\_\_Hobbies \_\_\_Daily Routine Explain: \_\_\_\_\_  
Have you experienced this condition before?  Yes  No If so, please explain: \_\_\_\_\_  
Who have you seen for this? \_\_\_\_\_ What did they do? \_\_\_\_\_  
How did you respond? \_\_\_\_\_

## EXPERIENCE WITH CHIROPRACTIC

Have you seen a Chiropractor before?  Yes  No Who? \_\_\_\_\_ When? \_\_\_\_\_  
Reason for visits: \_\_\_\_\_  
How did you respond? \_\_\_\_\_  
Did you complete the recommended chiropractic healthcare plan?  Yes  No  
Did you know posture determines your health?  Yes  No  
Are you aware of any of your poor posture habits?  Yes  No  
Explain: \_\_\_\_\_  
Are you aware of any poor posture habits in your spouse or children?  Yes  No  
Explain: \_\_\_\_\_

The most common postural weakness is Forward Head Syndrome (head and neck starting to bend forward and progressively moving downward weakening your whole body). Even less severe forms of this posture can cause many adverse affects on your overall health. Have you ever been told or felt like you carry your head forward, noticed a rounding of your shoulders or a developing "hump" at the base of your neck? Yes No

# HEALTH LIFESTYLE

Date: \_\_\_\_\_

File#: \_\_\_\_\_

Do you exercise? Yes No How often? 1X 2X 3X 4X 5X per week other: \_\_\_\_\_

What activities? Running Jogging Weight Training Cycling Yoga Pilates Swimming \_\_\_\_\_

Do you smoke? Yes No How much? \_\_\_\_\_

Do you drink alcohol? Yes No How much / week? \_\_\_\_\_

Do you drink coffee? Yes No How many cups / day? \_\_\_\_\_

Do you take any supplements (i.e. vitamins, minerals, herbs)? \_\_\_\_\_

## HEALTH CONDITIONS

Abnormal postural habits or distortions are the result of trauma or stress to the body that have misaligned the vertebrae in your spine. When these vertebrae are twisted from their normal position, they will cause stress to the spinal cord and the delicate nerves that pass between the vertebrae. These misalignments are called Subluxations (sub-lux-a-shuns). It has been extensively documented that subluxations, causing stress to your nerves, will weaken and distort the overall structure of your spine. This results in a weakened and distorted POSTURE. Postural distortions have many serious and adverse affects on your overall health. The most common and detrimental postural distortion is called Forward Head Syndrome (a "hunched forward" posture starting in the neck and progressively moving down your spine weakening the entire body). Please check any health condition you may be experiencing, now or in the past.

### CERVICAL SPINE (NECK):

Postural distortions from subluxations, (causing Forward Head Syndrome), in your neck will weaken the nerves into your arms, hands and head affecting these parts of your body. Do you experience...?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Neck Pain                           | <input type="checkbox"/> Headaches           | <input type="checkbox"/> Sinusitis            |
| <input type="checkbox"/> Pain into your shoulders/arms/hands | <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Allergies/Hay fever  |
| <input type="checkbox"/> Numbness/tingling in arms/hands     | <input type="checkbox"/> Visual disturbances | <input type="checkbox"/> Recurrent colds/Flue |
| <input type="checkbox"/> Hearing disturbances                | <input type="checkbox"/> Coldness in hands   | <input type="checkbox"/> Low Energy/Fatigue   |
| <input type="checkbox"/> Weakness in grip                    | <input type="checkbox"/> Thyroid conditions  | <input type="checkbox"/> TMJ/Pain/Clicking    |

Explain: \_\_\_\_\_

### THORACIC SPINE (UPPER BACK):

Postural distortions from subluxations (resulting from Forward Head Syndrome) in the upper back will weaken the nerves to the heart and lungs and affect these parts of your body. Do you experience...?

- |   |   |
|---|---|
| <input type="checkbox"/> Heart Palpitations   | <input type="checkbox"/> Recurrent Lung Infections/Bronchitis |
| <input type="checkbox"/> Heart Murmurs        | <input type="checkbox"/> Asthma/Wheezing                      |
| <input type="checkbox"/> Tachycardia          | <input type="checkbox"/> Shortness Of Breath                  |
| <input type="checkbox"/> Heart Attacks/Angina | <input type="checkbox"/> Pain On Deep Inspiration/Expiration  |

### THORACIC SPINE (MID BACK):

Postural distortions from subluxations (resulting from Forward Head Syndrome) in the mid back will weaken the nerves into your ribs/chest and upper digestive tract, and affect these parts of your body. Do you experience...?

- |  |   |
|--|---|
| <input type="checkbox"/> Mid Back Pain             | <input type="checkbox"/> Nausea   |
| <input type="checkbox"/> Pain Into Your Ribs/Chest | <input type="checkbox"/> Ulcers/Gastritis   |
| <input type="checkbox"/> Indigestion/Heartburn     | <input type="checkbox"/> Hypoglycemia   |
| <input type="checkbox"/> Reflux                    | <input type="checkbox"/> Tired/Irritable after eating or when you haven't eaten for a while |

### LUMBAR SPINE (LOW BACK):

Postural distortions from subluxations in the low back (resulting from Forward Head Syndrome) will weaken the nerves into your legs/feet and pelvic organs and affect these parts of your body. Do you experience...?

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Pain into your hips/legs/feet       | <input type="checkbox"/> Weakness/injuries in your hips/knees/ankles | <input type="checkbox"/> Low back pain |
| <input type="checkbox"/> Numbness/tingling in your legs/feet | <input type="checkbox"/> Recurrent bladder infections                |  |
| <input type="checkbox"/> Coldness in your legs/feet          | <input type="checkbox"/> Frequent/difficulty urinating               |  |
| <input type="checkbox"/> Muscle cramps in your legs/feet     | <input type="checkbox"/> Menstrual irregularities/cramping (females) |  |
| <input type="checkbox"/> Constipation / Diarrhea             | <input type="checkbox"/> Sexual dysfunction                          |  |

Please list any health conditions not mentioned: \_\_\_\_\_

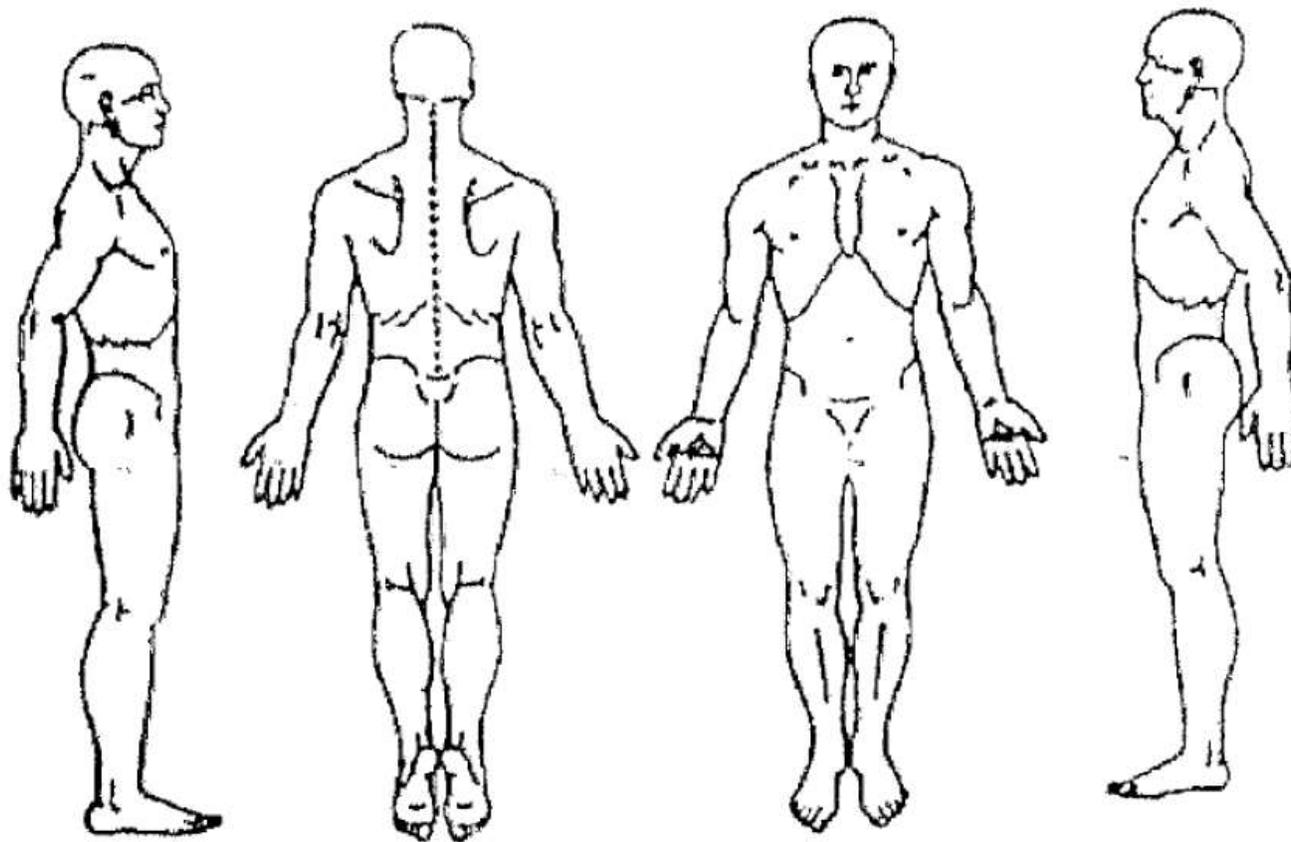
Please list any medications currently taking and their purpose: \_\_\_\_\_

Please list all past surgeries: \_\_\_\_\_

Please list all previous accidents and falls: \_\_\_\_\_

PLEASE CIRCLE WHERE YOU ARE HURTING

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Date: \_\_\_\_\_  
File#: \_\_\_\_\_

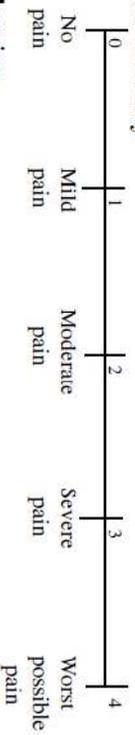
# Functional Rating Index

For use with Neck and/or Back Problems only.

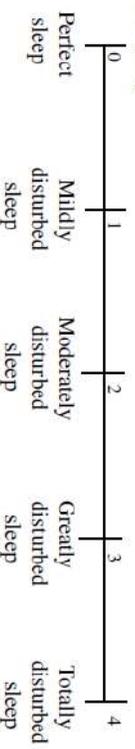
In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities.

For each item below, please circle the number which most closely describes your condition right now.

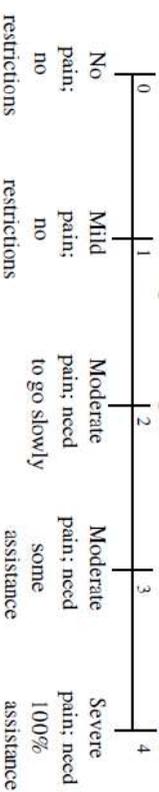
## 1. Pain Intensity



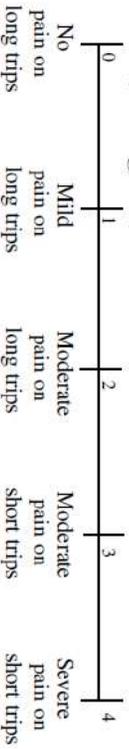
## 2. Sleeping



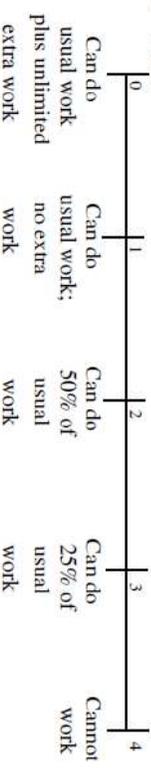
## 3. Personal Care (washing, dressing, etc.)



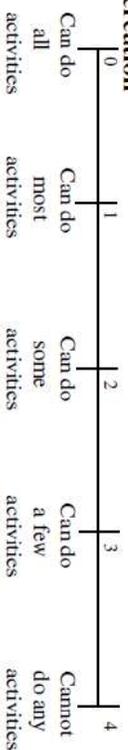
## 4. Travel (driving, etc.)



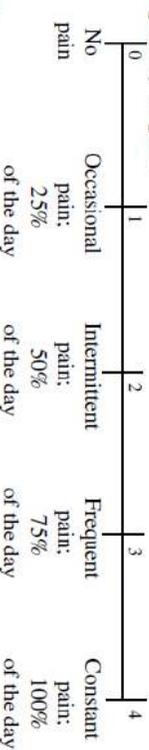
## 5. Work



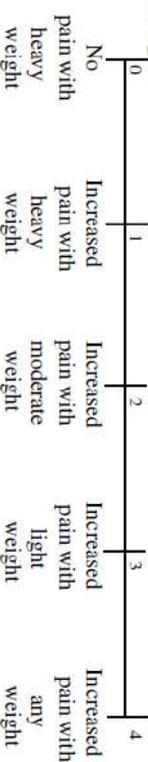
## 6. Recreation



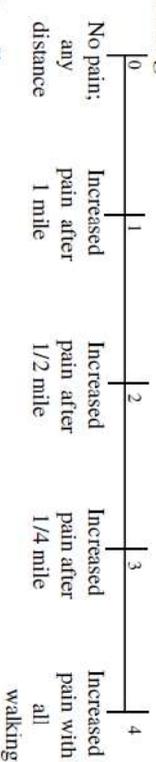
## 7. Frequency of pain



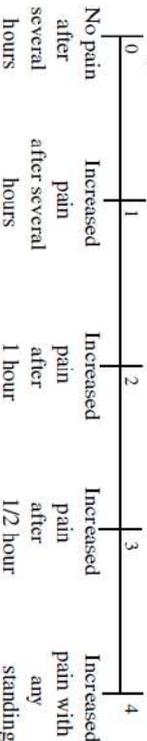
## 8. Lifting



## 9. Walking



## 10. Standing



Name \_\_\_\_\_

**PRINTED**

Signature \_\_\_\_\_

Date \_\_\_\_\_

Total Score \_\_\_\_\_

# Office Fee Schedule and Financial Policy

## Service:

Consultation (health evaluation)	N/C
First Visit	\$197
Includes:	
Spinal X-rays (2 cervical, 2 lumbopelvic)	
Chiropractic Adjustment (3-4 Areas)	
Report of Findings/ X-ray review and Recommendations	
Re-Examinations (every 12 visits)	\$75
Adjustment (1-2 Areas)	\$42
Adjustment (3-4 Areas)	\$47
Adjustment (5+ Areas)	\$52
Extra Spinal Adjustment (Extremity/ per area)	\$5
97012-S97110 (Physical Modalities)	\$15-45

(Medicare fee schedule for adjustments is different, based on Palmetto GBA limiting charges.)

## Financial Policy:

You are expected to pay for your chiropractic care at the time of service, unless you are on a healthcare payment plan coordinated with an outside finance agency. Prepayment plans can be purchased saving you 10 percent for individuals and 15 percent for family. Prepayment plans save you significant time, especially if you choose to pre-schedule your appointments.

## Health Insurance:

Health insurance plans may differ. We are NOT in network with any health insurance plans and we instruct your health insurance company to pay you directly for any reimbursement. Since we are not contracted with your insurance company we have no idea if they will pay you and when. It is best to call the customer service number on the back of your insurance card and ask if you have any "out of network" benefits. If your insurance accidentally pays our office for your reimbursement, as soon as we receive the payment, you may request a check or you can keep the credit on your account to be used towards future services.

## Medicare:

Medicare requires X-rays and examinations, but does not cover them. The initial exam is \$150, and re-exams are \$75. These are necessary in order to justify the need for treatment. You will be reimbursed from Medicare for your adjustments (\$30) through the mail for a course of treatment, but only as long as your visit is "medically necessary".

## Accident/Injury:

If you were in a motor vehicle accident you may file your insurance yourself, but we cannot file it for you. We will accept assignment (payment) from your attorney after we have a signed lien and verified they will be representing you. If your accident case fails to cover any charges on your bill you will be responsible for paying these charges.

I have read and understand the above policies: \_\_\_\_\_  
Patient Signature Date

\_\_\_\_\_  
Print name DOB